



# Returning to School Health and Safety Plan

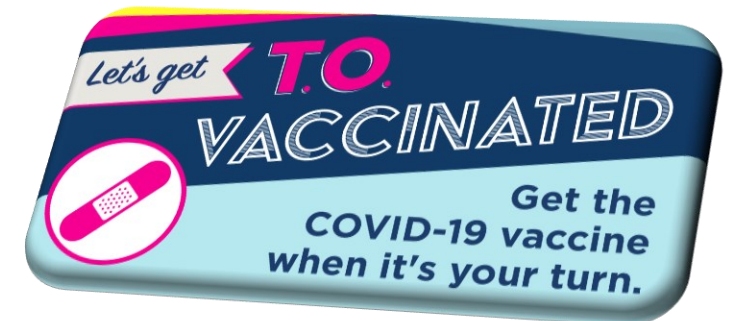
*Academic Year 2021-2022*

## WHS Safety Plan

*Ensuring the health and safety of students, teachers, staff, parents and the school community*

**Willowdale High School will have the following priorities for the 2021-2022 school year:**

- maintaining the health and safety of students, staff and the school community
- providing in-person learning whenever possible and safe to do so
- building flexibility within course offerings to ensure that teaching and learning are not interrupted and that we are prepared to move between in-person, blended learning and online distance at a moments when needed
- providing high quality teaching and learning opportunities
- following WHS Academic Calendar



# Daily Self-Screening

<https://covid-19.ontario.ca/school-screening/>

Everyone must complete a daily self-screening questionnaire before going to school. Please let us know if you will be absent from school because of a suspected illness.

**COVID-19** Screening for children/students

Please complete before entering the child care/JK-12 school setting.

Updated Sept. 1, 2021

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

1. Does the child/student have any of the following new or worsening symptoms?<sup>\*\*</sup>

Fever > 37.8°C and/or chills  
 Yes ☐ No ☐

Cough  
 Yes ☐ No ☐

Difficulty breathing  
 Yes ☐ No ☐

Decrease or loss of taste/smell  
 Yes ☐ No ☐

Nausea, vomiting or diarrhea  
 Yes ☐ No ☐

• If the child/student has a health condition diagnosed by a health care provider that gives them the symptom, select "No". If the symptom is new, different or getting worse, select "Yes".

If "YES" to any symptom:
 

Stay home & self-isolate

 +
 

Get tested

 Or
 

Contact a health care provider

2. Does anyone in your household have one or more symptoms of COVID-19 and/or are waiting for test results after having symptoms? Yes ☐ No ☐  
 • If the child/student is fully vaccinated\* or has tested positive for COVID-19 in the last 90 days and been cleared, select "No".

3. In the last 10 days, has the child/student tested positive on a rapid antigen test or a home-based self-testing kit? Yes ☐ No ☐  
 • If they have since tested negative on a lab-based PCR test, select "No".

4. Has the child/student been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate? Yes ☐ No ☐  
 • If the child/student is fully vaccinated\* or has tested positive for COVID-19 in the last 90 days and been cleared or public health has said the child/student does not have to self-isolate, select "No".

5. In the last 14 days, has the child/student travelled outside of Canada AND been advised to quarantine per the federal quarantine requirements? Yes ☐ No ☐

If "YES" to questions 2, 3, 4 or 5:
 

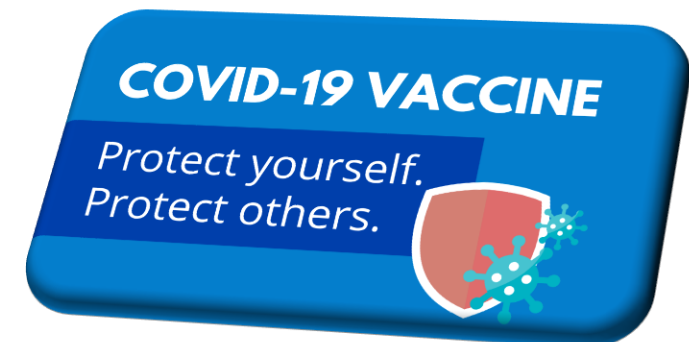
Stay home & self-isolate

 +
 

Follow public health advice

\* Fully vaccinated means 14 days or more after getting a second dose of a two dose COVID-19 vaccine series or one dose of a single dose series.  
 \*\* Anyone who is sick or has any symptoms of illness should stay home and seek assessment from their health care provider if needed.

TORONTO.CA/COVID19



## REDUCING RISK OF EXPOSURE

- apply WHS Immunization Disclosure Policy starting Set 7, 2021
- parents, guardians and visitors will have limited access to the school to reduce potential



# Apply WHS Immunization Disclosure Policy

(see the Immunization Disclosure Policy for more details)

This Immunization Disclosure Policy applies to the following groups, except where the individual works remotely and the individual's work does not involve in-person interactions:

- All private school employees/staff, including daily and long-term occasional teachers and casual education workers; and
- Student transportation drivers.

The following individuals if attending the school premises frequently and have direct contact with staff or students:

- Students on educational placement, including students on a placement / work-integrated learning visit who are training in the provision of professional services (e.g., teacher candidate practicums, nurse, psychologist, behavioural therapist, speech-language pathologist, etc.);
- Volunteers,
- Those who provide professional services to children at school; and
- Visitors, including third-party contractors.

## Policy

The CMOH has directed WHS School to develop, implement and ensure compliance with a COVID-19 immunization disclosure policy. This policy requires all individuals covered by the policy to provide one of the following:

1. Proof of all required doses of a COVID-19 vaccine approved by the World Health Organization.
2. Written proof of a medical reason, provided by either a physician or nurse practitioner that sets out:
3. Proof that the individual has completed the educational program approved by the private school.

Note: Individuals who do not intend to be vaccinated, without a documented medical reason, will be required to participate in an educational session about the benefits of COVID-19 vaccination.

## REDUCING RISK OF EXPOSURE

- parents and guardians will be asked to monitor their children daily for symptoms and not send them to school if they are sick
- if students become sick at school, they will be quickly isolated, parents/guardians will be contacted, and the student will be sent home.
- students will be required to wash their hands frequently, including before coming to school. They will have access to hand sanitizer when hand washing is not available



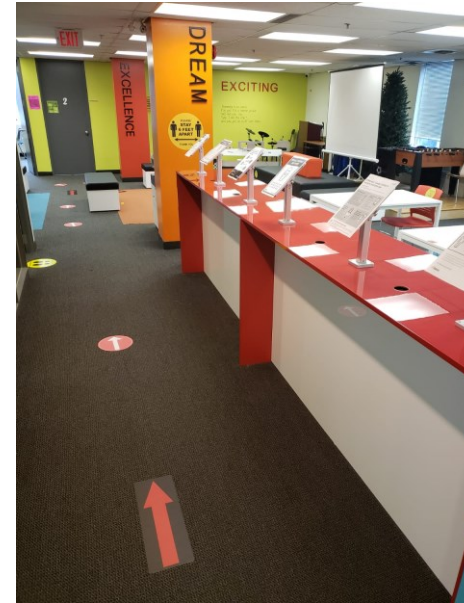
## Daily Self-Screening

<https://covid-19.ontario.ca/school-screening/>



## ASSEMBLIES, BREAK AND LUNCH TIME

- students will get frequent reminders to minimize physical contact with their friends while remaining socially connected
- modify lunch and break times to limit gatherings and promote physical distancing
- there will be no assemblies, and there will be limitations on gatherings
- students will not be allowed to share lunch or any personal items



## ASSEMBLIES, BREAK AND LUNCH TIME

- students must always keep physical distancing and follow hygiene measures in place including lunch time



## INCREASED HEALTH & SAFETY MEASURES

- all persons inside the school will always need to use masks and other personal protective equipment
- classroom and the school's physical settings will be arranged differently
- we will have multiple hand sanitizing stations
- posters and signs to guide students
- new procedures to enforce hygiene and physical distancing





## MASKS AND FACE SHIELDS

- All persons will be asked to wear mask when on school premises, building entrance, elevator, school entrance, classrooms, hallways, kitchen, and the washrooms
- All staff are encouraged to wear face shields



### HOW TO WEAR A CLOTH MASK



- ✓ Do wash your hands before putting it on and taking it off
- ✓ Do make sure it fits comfortably over mouth and nose for easy breathing
- ✓ Do wash your cloth mask after each use in the laundry
- ✓ Do clean surfaces that a dirty mask touches
- ✗ Don't touch your face or mask while using it
- ✗ Don't use masks on children under 2 or those who can't breathe with them on
- ✗ Don't share your mask with others
- ✗ Don't wear medical masks, keep them for health care workers

**You still need to:**



Keep a 2m distance



Wash hands often

 **TORONTO**

Visit [toronto.ca/COVID19](https://toronto.ca/COVID19)

# INCREASED HEALTH & SAFETY MEASURES

## Clean frequently touched surfaces twice per day

- In addition to routine cleaning, surfaces that have frequent contact with hands should be cleaned and disinfected twice per day and when visibly dirty.
- Examples include doorknobs, elevator buttons, light switches, toilet handles, counters, hand rails, touch screen surfaces and keypads.
- In addition to routine cleaning, check with your organization for any specific protocols for cleaning for COVID-19.



<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-environmental-cleaning.pdf?la=en>

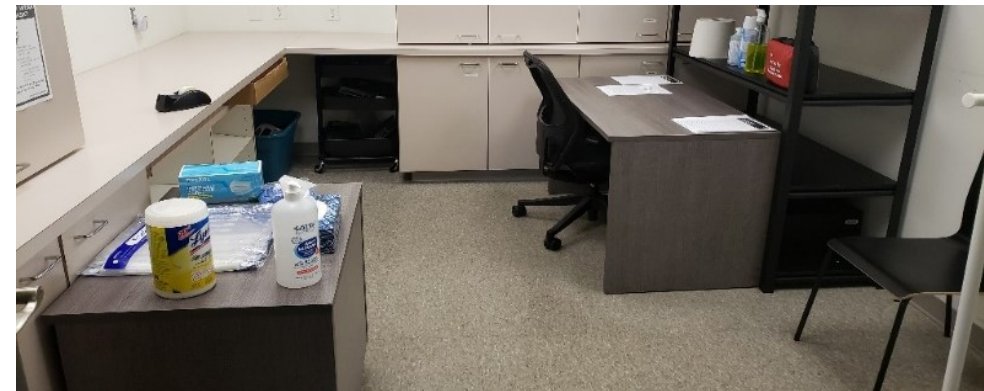
Clean and disinfect high-touch surfaces at least twice a day and more frequently as needed. High touch surfaces include items such as door handles, counters, cabinet doors, elevator buttons, light switches, faucets, toilet handles, handrails, touch screen surfaces, and keypads.



- Designate a room(s) in the school as an isolation room/wellness room for sick individuals. This room will only be used as an isolation/wellness room and not for other purposes.
- It will contain only minimal items and equipment so that cleaning and disinfecting is easy to perform after an ill individual leaves the room.

The Isolation Room will contain:

- Non-medical face Masks
- Sanitizer
- Alcohol
- Face Shields
- Tissues
- Disposable Gloves
- Non-contact thermometer



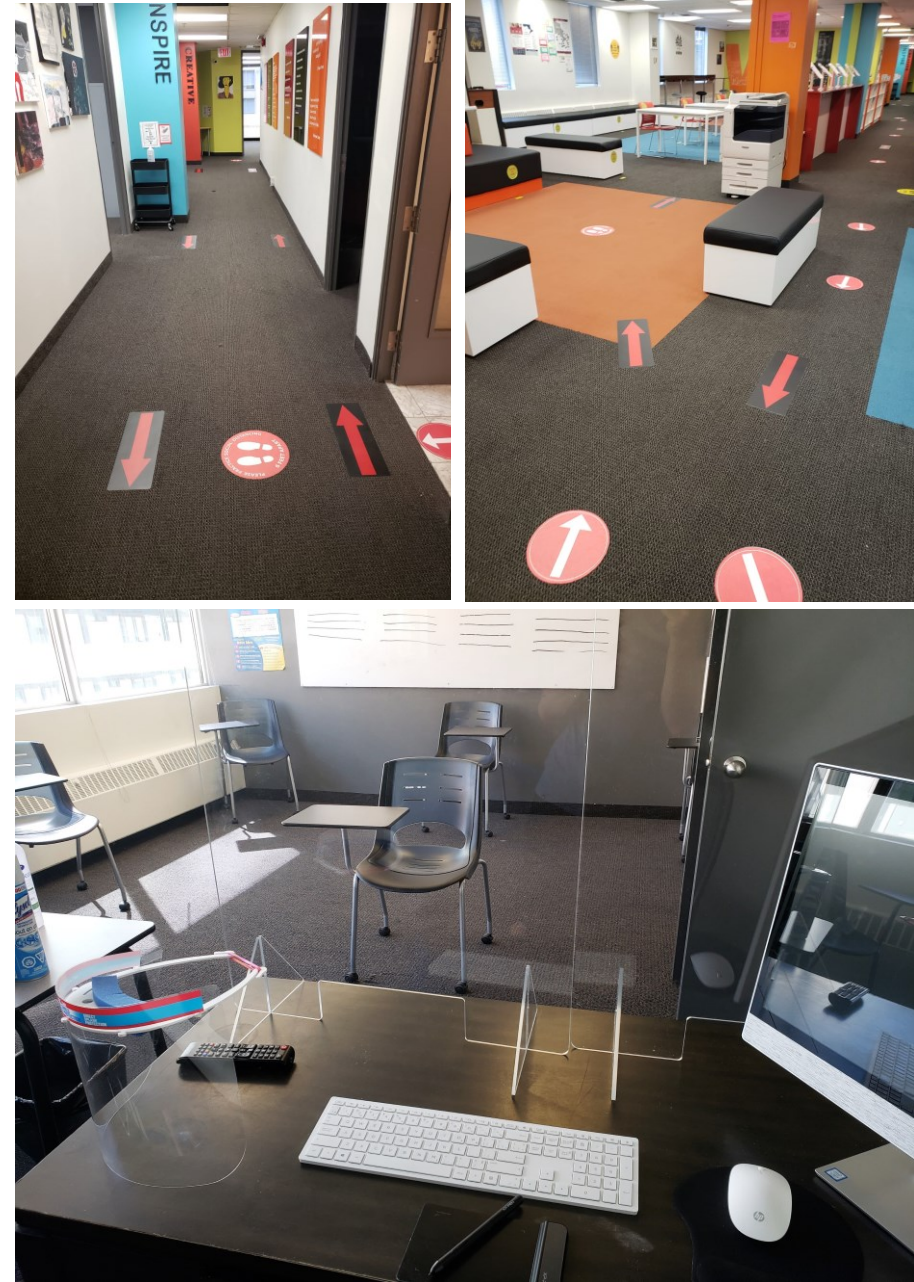






## CLEANLINESS AND PHYSICAL SETUP OF THE SCHOOL

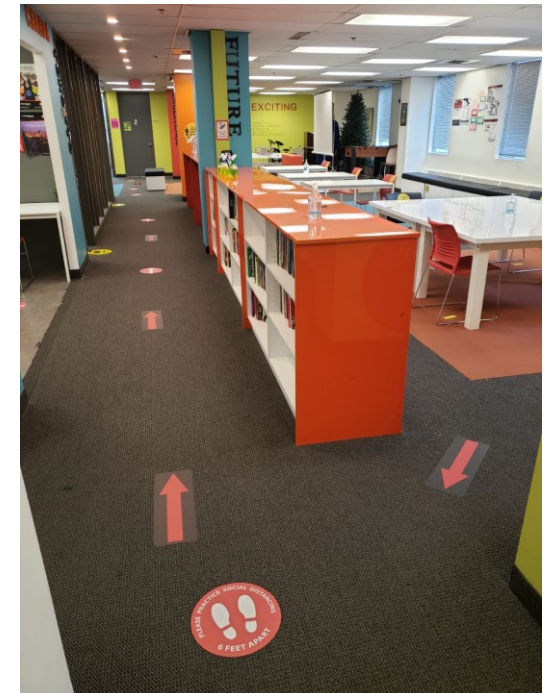
- the entire school will be disinfected more frequently
- provide hand sanitizers in several locations including classrooms
- will have designated entrances and exits, and restrict/manage flow in hallways and common areas with floor markings and/or physical barriers.
- assigned doors for exit and entrance
- students will be encouraged to keep personal belongings with them and limit locker access
- have sanitation stations for hand cleaning
- install plexiglass barriers in certain areas if necessary



## CLASSROOMS AND INSTRUCTIONAL TIME

While we will prioritize in-person learning whenever it is safe and possible to do so. Some classrooms and instructional time will also look different, with:

- limiting class size to maintain social distancing
- assigned doors for exit and entrance
- increasing spacing between desks and other furniture
- becoming a digital and paperless school



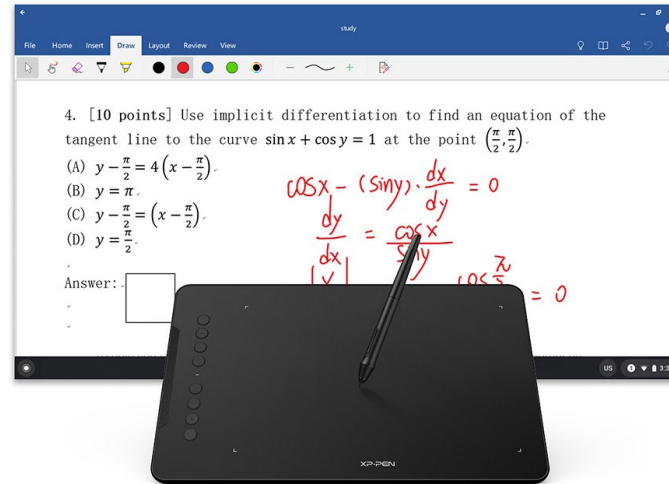


## WHS WILL FOLLOW A BLENDED LEARNING MODEL

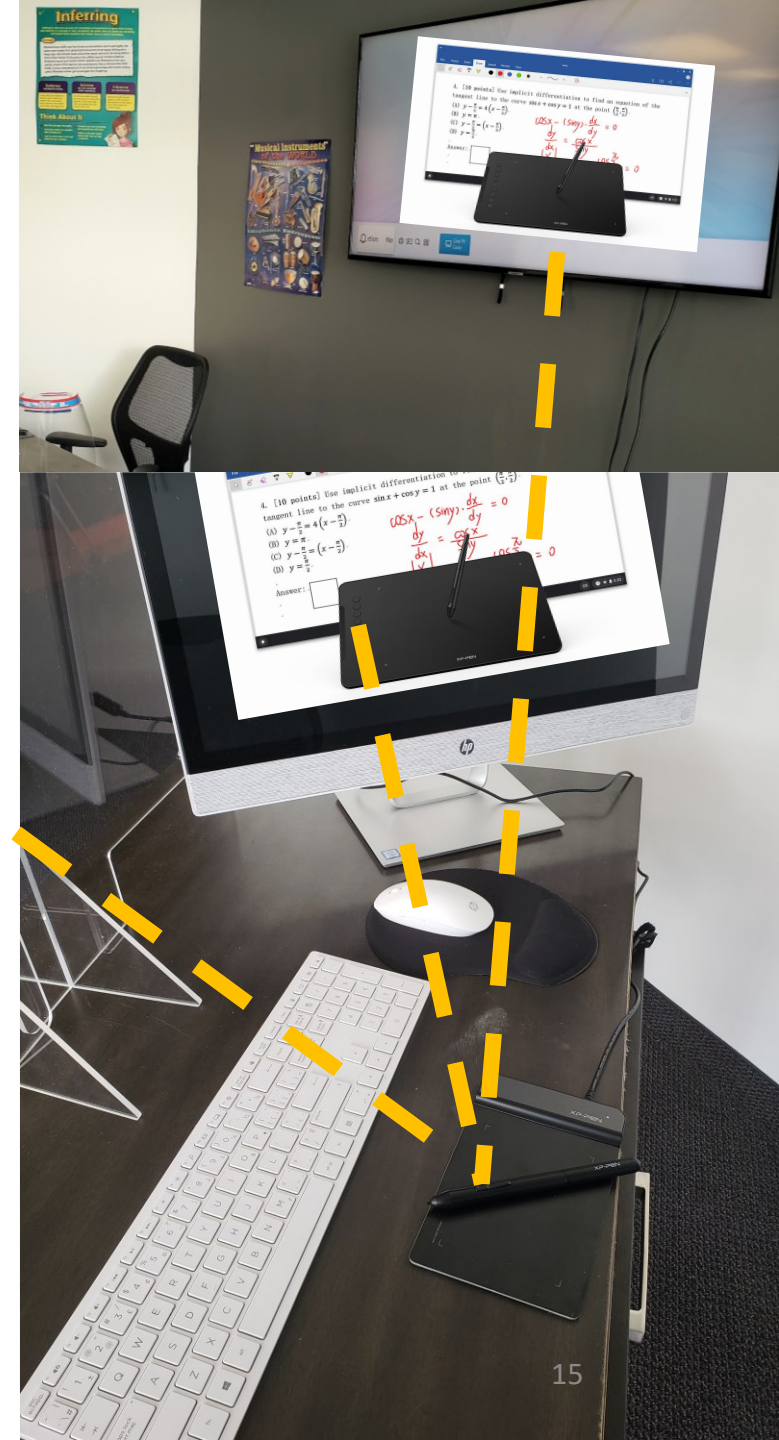
WHS virtual learning for 2021/2022 will be using a hybrid blended model to allow for physical distancing to help reduce the risks of spreading COVID-19.

Hybrid blended model combines face-to-face instruction with synchronous online learning.

This means all students who take online courses will attend scheduled classes following the Academic calendar.



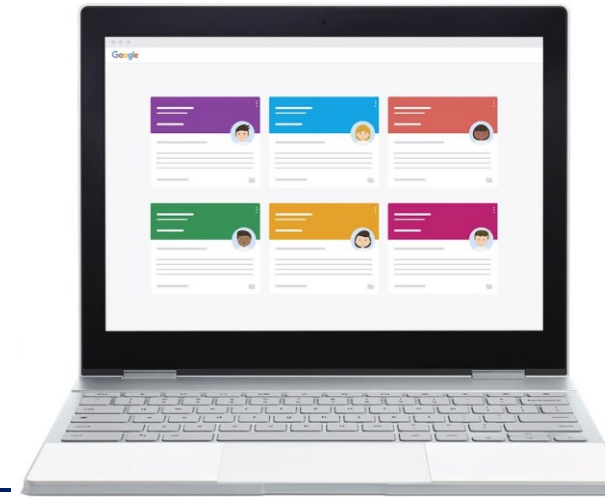
The digital whiteboard for cloud collaboration



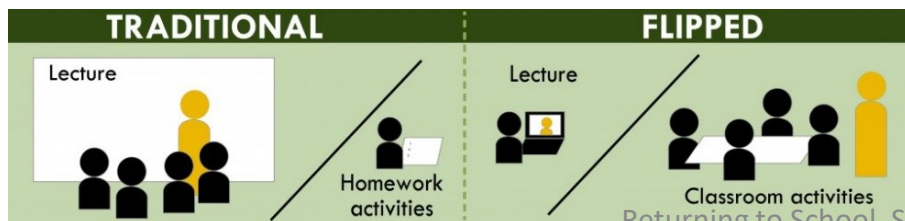
## CLASSROOMS AND INSTRUCTIONAL TIME

Teachers will plan lessons following flexible models of learning that will allow students to access education in a variety of ways:

- allow blended learning model that combines in-person with coordinated synchronous online learning
- continue using Google Classroom as a learning management system. Teachers will record instruction and upload on Google Classroom. Teachers will also assign homework and conduct assessments and evaluations through Google Classroom tools and Classmarker testing platform.



**ClassMarker** ✓





## ONLINE MENTAL HEALTH PROGRAMS AND INTERACTIVE TOOLS

There are free online mental health programs and interactive tools that can support healthy coping during COVID-19. This list of mental health apps is for information only and should not be considered a recommendation or endorsement by Willowdale High School. These apps are not intended to be a substitute for professional advice, diagnosis, or treatment. Always seek the advice of your mental health professional or other qualified health providers.

- **Big White Wall** : (<https://togetherall.com/en-ca/>) Anonymous online education and discussion platform offering mental health support
- **Bounce Back Ontario**: (<https://bouncebackontario.com>) Guided self-help program using workbooks, with phone coaching support
- **Starling Minds – COVID Mental Health Program**: (<https://info.starlingminds.com/covid19-free-mental-health>) Designed to help users combat the stress, anxiety, and worry related to the COVID-19 pandemic.
- **Mind Control: Managing Your Mental Health during COVID-19** : (<https://www.coursera.org/learn/manage-health-covid-19>) Offered by the University of Toronto, this short beginner course (1 hour per week/ 4 weeks) provides guidance on handling anxiety and isolation during COVID-19.
- **Mind Your Mind**: (<https://mindyourmind.ca/>) Mental health website with interactive tools and resources to build capacity and resilience for youth and young adults.
- **Stronger Minds by Beacon**: (<https://www.mindbeacon.com/strongerminds>) A free digital program to support mental well-being through the COVID-19 crisis.
- **Wellness Together Canada**: (<https://ca.portal.gs/>) Access to online resources, tools, apps and connections to trained volunteers and qualified mental health professionals.